

# WHY WE DELIVER

## IMPORTANT STATISTICS



**MEALS on WHEELS**  
SUMMIT, UTAH & WASATCH

Meals on Wheels is a solution that addresses the escalating issues with senior hunger and isolation.  
**The need is great, and *Together, We Can Deliver*®.**

## OUR IMPACT



**121,168**

meals delivered in FY23



**18,054**

volunteer hours were donated to deliver Meals on Wheels

**85% OF MEAL RECIPIENTS**

say it makes them feel more safe and secure at home.



**“I don’t know what is more nutritious: the meals or the visits from my volunteers.”**

*- Jean R., meal recipient*

**95% OF EVERY DOLLAR**

donated goes directly to providing meals.

# THERE ARE CHALLENGES TO OVERCOME



## 1 OUT OF 4 SENIORS

in Utah experience  
food insecurity

**SENIOR POPULATION AGE 65+**  
is set to grow by 44,963 in the next 10  
years in Summit, Utah & Wasatch counties.

Utah is **#1 nationally** in malnutrition  
deaths among seniors.

**#1 in  
deaths**

**60%**

of meal recipients live alone. Many report that  
the MOW volunteers is their only daily visitor.

## OUR SENIOR NEIGHBORS NEED YOUR HELP

**260+** seniors are currently on the waiting list to receive meals.

**\$250,000** in additional annual funding is needed to maintain current  
service levels.

**\$350,000** is needed annually to eliminate current waiting lists.

To learn more, visit [mowsuw.org](http://mowsuw.org) or contact [Kris@MOWSUW.org](mailto:Kris@MOWSUW.org) or 801-229-3806.